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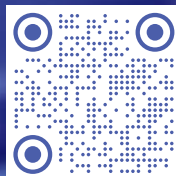
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Fort Wayne Medical Society

Mission Statement

The Fort Wayne Medical Society is committed to the goals of the American Medical Association, the purpose of which is the preservation of the art and science of medicine, the personal development of member physicians and the protection and betterment of the public health.

The Fort Wayne Medical Society is committed to the principles of physician autonomy and self-determination in the practice of medicine.

The Fort Wayne Medical Society is committed to fulfilling the role of an active cohesive leader of the healthcare resources of our community by maintaining and assuring the quality, availability and the responsible economic utilization of our healthcare resources.

The Fort Wayne Medical Society is committed to active involvement in the decision-making process regarding medical, social, political and economic issues affecting patients and physicians within hospital and all various inpatient and outpatient settings.

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The views expressed in *Fort Wayne Medicine Quarterly* articles are those of the authors and do not necessarily represent those of the Fort Wayne Medical Society.

Editorials are welcome and members are encouraged to respond to an opinion that might be different from their own.

References from articles will be included, if space allows. When not included, references can be obtained through the editor.



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It was an honor to put together this edition of Fort Wayne Medicine Quarterly to celebrate the life of Fen-Lei Chang, MD. Rarely has an issue come together so quickly, and with such ease. I hope these stories, tributes, and anecdotes touch you as they did me. We hear from so many of Dr. Chang's colleagues throughout his career, across his many

responsibilities. My sincere thanks to Dr. Chang's son Brandon, who too is a "Dr. Chang." His generosity with family photos really helps tell this story, and Brandon's recollections of his father are so special to share. Thank you, Brandon!

Each tribute we received has a unifying thread – Dr. Chang's incredible gift for putting others first, and for making colleagues feel special and heard. On several occasions as I greeted him, I would say, "Hi, Dr. Chang, how are you?" He would always reply, "I'm fine, but more importantly, HOW ARE YOU?"



As I finish these editorial notes, it is the Monday after the annual ISMA Convention. Dr. Chang was passionate about this event and attended several over the years. He also encouraged others to attend. He understood the importance of physicians from across the state gathering to help address the many obstacles to practicing medicine in Indiana. He was honored at this year's

event through a memorial resolution authored and read to the house of delegates by Sara Brown, MD. To the right is that resolution. The first of many acclamations in the pages that follow.

To recognize Dr. Chang's multifaceted legacy, IU School of Medicine, Fort Wayne, is seeking to establish a professorship that would both honor his achievements and advance his vision for the future of medical education and research. This professorship would ensure that his commitment to excellence in teaching and his passion for research in Northeast Indiana continue to shape lives for generations to come. To contribute, contact Gina Bailey, Regional Development Officer, IU School of Medicine, Fort Wayne at gibailey@iu.edu.

Whereas, ISMA District 12, the Fort Wayne Medical Society, the Indiana University School of Medicine – Fort Wayne, Parkview Health, and the broader medical community mourn the passing of Dr. Fen-Lei Chang, a distinguished neurologist, visionary leader, and devoted educator whose life was marked by service, scholarship, and compassion;

Whereas, Dr. Chang served as a delegate for the 12th District for many years and held the esteemed roles of President and Board Chair of the Fort Wayne Medical Society, where his leadership, integrity, and tireless advocacy strengthened and elevated the organizations;

Whereas, Dr. Chang served with distinction as Dean of the Indiana University School of Medicine – Fort Wayne, where he championed academic excellence, mentored countless students, and advanced the mission of medical education in northeast Indiana;

Whereas, throughout his career, Dr. Chang exemplified the highest standards of clinical care as a neurologist, bringing clarity, empathy, and healing to patients and families facing complex neurological challenges;

Therefore, be it resolved, that the Indiana State Medical Association honor the memory of Dr. Fen-Lei Chang with deep gratitude and profound respect, recognizing his extraordinary contributions to medicine, education, and leadership;

Be it further resolved, that this resolution be entered into the permanent records of the Fort Wayne Medical Society and shared with his family, colleagues, and the broader community as a testament to his enduring impact and cherished legacy.

My dad | Brandon Chang, MD

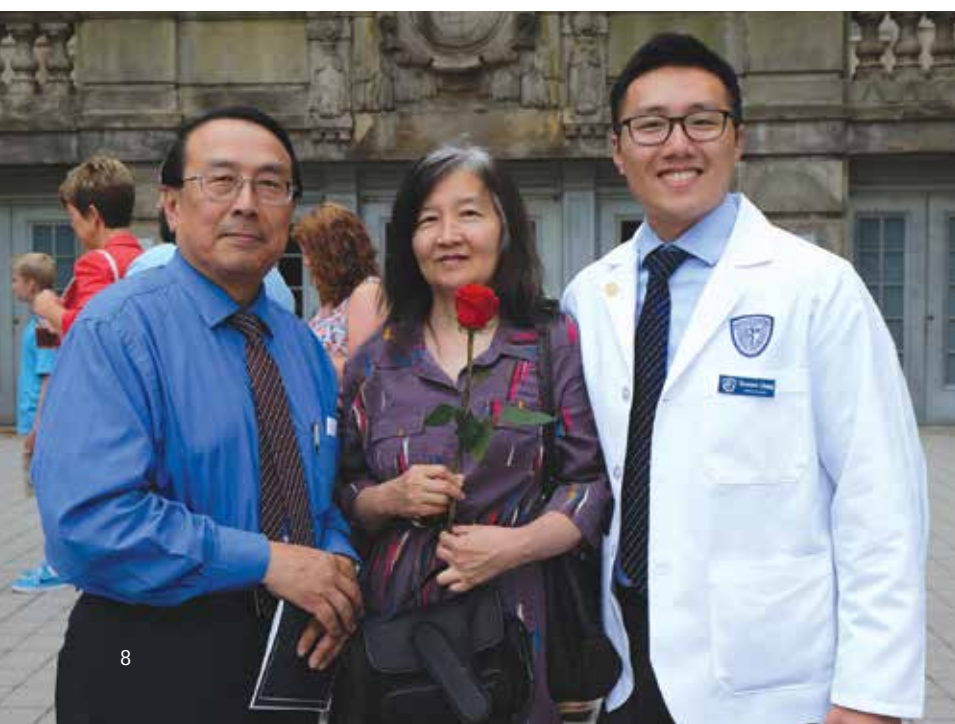


My dad has always been there for me. Even as a child, when my dad would spend long days in the clinic or at the hospital, I have many fond memories with him. Especially

before everyone had a cell phone, my elementary school-aged self managed to learn how to page my dad's "beeper" any time I wanted to call him. I would then sit by the phone and eagerly wait for him to call back. I don't even remember what we talked about back then, but all I remember was how happy I was to hear his voice.

Growing up, I would visit my dad at the old Fort Wayne neurology office and even the hospital. I remember sitting and spinning circles in his (seemingly) giant leather chair while trying to sneak snacks and drinks I wasn't allowed to have at home. Despite my childhood antics, I saw how he interacted with coworkers, his friends, and even his patients when I shadowed him in college. Back then, I knew many kids were often pressured by their parents to become doctors or lawyers, but my dad was never that way. It was in those many moments that he took to sit with patients, understand their suffering, and then offer reassurance and care that inspired me to also go into medicine.

In college, medical school, and finally residency, I became distracted by many things such as making friends, studying, and working. I think I probably took both of my parents for granted as young adults often do, when trying to be more free and independent. Despite our busy schedules, my dad always blocked out his calendar whenever we had an opportunity to be



together. My dad loved the outdoors and I cherished all the times we went hiking and kayaking in Michigan and Wisconsin. We even visited his home country of Taiwan where I saw where he grew up, ate the foods he loved, and visited his favorite parks.

Over the past several years, as I have come into adulthood and my own practice of medicine, I continued to lean on my father's voice. Always calm and patient, he would frequently talk to me on my long commute back home after a busy shift in the emergency department. There would be difficult cases and pathology I didn't understand, but he always would give me thoughtful advice. Even in the last two years as my father fought leukemia and was in the hospital getting chemotherapy, he would never fail to pick up by the third ring. I would hear his voice, tinged with excitement to hear from me.

Despite having accomplished so much in his life as a physician, educator, researcher, leader, and mentor, he was most importantly a good father to me. One early morning as I was returning from a night shift, I heard him explain to a nurse in the background that he had a really important job of keeping me awake for my drive home. His voice was hoarse and worn from chemotherapy, but the pride in it was obvious. I will never forget this tiny display of love and compassion that meant the world to me. Every day, I continue to miss him, but knowing that his legacy of kindness and understanding lives on in so many others gives me tremendous joy. My dad was truly an exceptional person and his life will always be a reminder to me that even one voice can heal many.





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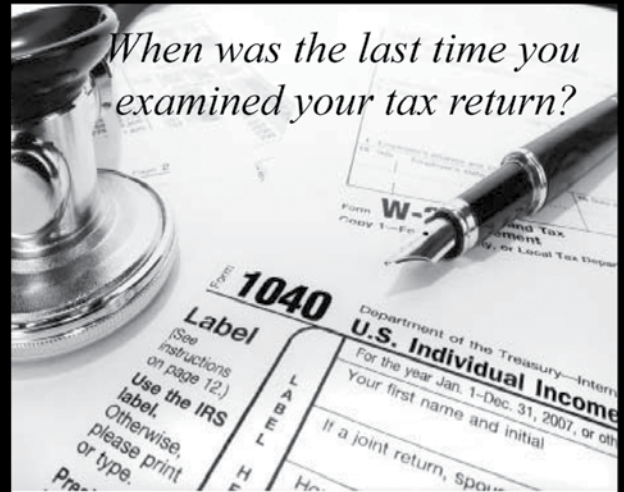
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In Memory of Dr. Fen-Lei Chang, MD, PhD | Andrew Roberts, MD



It's hard to put into words the impact someone like Dr. Fen-Lei Chang had on so many of us—but today I feel the need to try.

Dr. Chang was a neurologist, a scientist, and an educator—but to those of us who had the privilege of crossing paths with him, he was

so much more. I first came to know Dr. Chang during my time as a medical student at the Indiana University School of Medicine – Fort Wayne, where he served as Associate Dean and Director. From the beginning, he stood out—not just as a leader, but as someone who genuinely cared. He took the time to know us, support us, and cheer us on. His presence was a constant source of reassurance during the often overwhelming years of medical training. He wasn't just guiding the program—he was looking out for each of us, personally.

He had this incredible ability to make you feel like you mattered—whether you were a first-year medical student trying to find your footing or a seasoned physician figuring out your next step. He kept a keen and genuine interest in all of us—not just while we were in school, but long after we graduated and moved on. It was never performative with him. He remembered where we matched. He asked how our families were doing. And he meant it.

Dr. Chang was also one of the most approachable and available leaders I've ever known. His door was always open—literally and figuratively. If you needed guidance, a sounding board, or just someone to

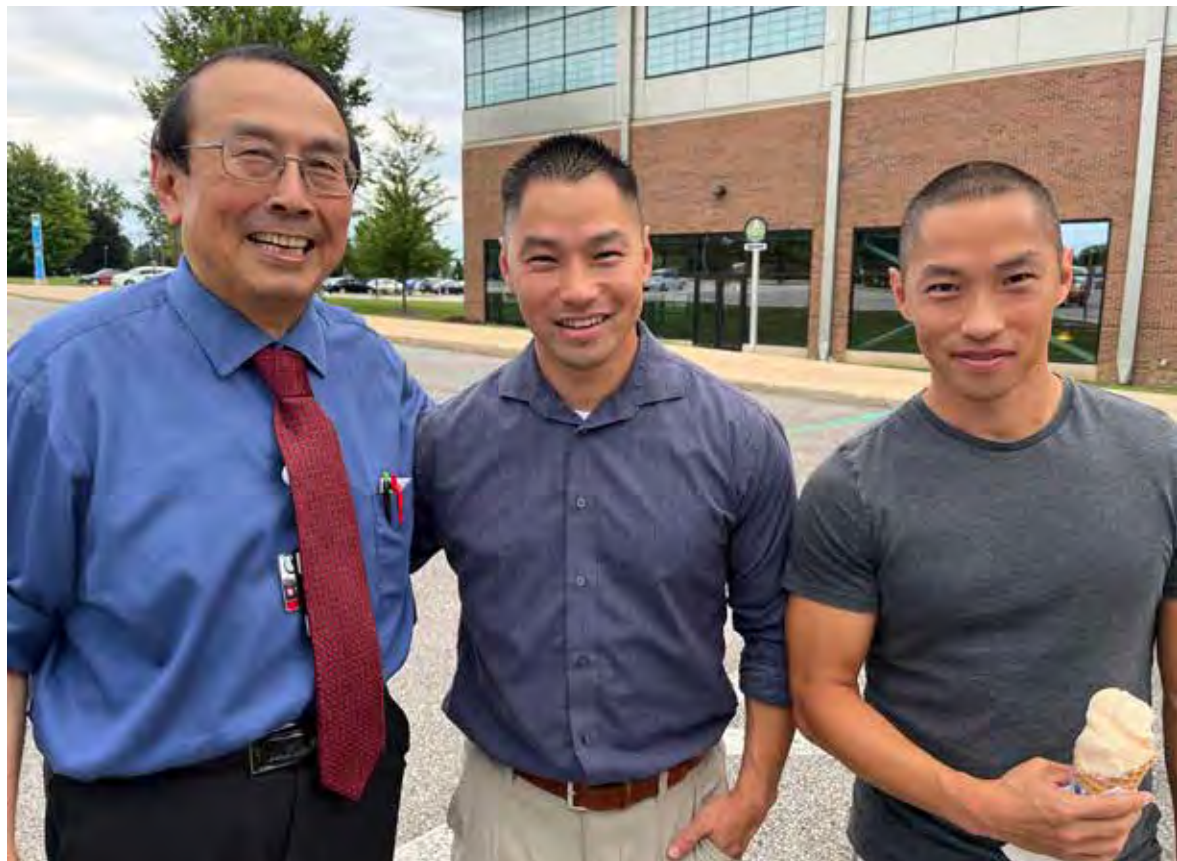
share a laugh with, he was there. And he would make you laugh. He had this wonderfully disarming sense of humor—clever, kind, and just a little mischievous—that could brighten even the most stressful day. His joy was infectious. You couldn't help but feel lighter after spending time with him.

He built more than a medical campus. He built a community—and somehow managed to make each of us feel like we were an important part of it. That kind of leadership is rare. That kind of humanity is even rarer.

Dr. Chang leaves behind a legacy that will ripple far beyond the halls of IU or the hospitals of Fort Wayne. He shaped generations of physicians—not just with what he taught, but with how he lived. With generosity. With humor. With unwavering kindness.

We will miss him deeply. But more importantly, we will carry him with us—in how we treat our patients, how we teach our students, and how we show up for one another.

Thank you, Dr. Chang. For everything.



Remembering Fen

Barth H. Ragatz, PhD, Professor of Biochemistry and Pathology (Emeritus) and Assistant Dean, IUSM-FW (Retired)



I received a phone call from my friend, Dr. Sage Lee about the possibility of having brunch with her brother, Fen-Lei Chang, PhD, MD. Each of us had an agenda for that meeting: Sage wanted her brother and family to move from his faculty position at UCLA-Fresno to Fort Wayne to be near Sage and

Chung and their aging parents; Fen wondered if there could be research interactions and clinical teaching activities for him within IUSM-FW; and I pondered if he could be of value in the mentoring of medical students and offering clinical research experiences.

That brunch meeting occurred at Bob Evans Restaurant more than 25 years ago and lasted for three hours. It remains my longest brunch meeting ever! I quickly discovered that morning, like everyone else who ever meet Fen, that he knew no strangers. He had personality-plus and was easy to get to know. He was open and honest, obviously brilliant and captivating. We both interspersed questions in our initial encounter. We finally turned that table back to the Bob Evans manager and left pleased with the tentative outcomes. (Did I mention that we were also liberal tippers?)

Soon, Fen shut down his clinical and research activities in Fresno and moved to Fort Wayne. We interacted lots from the outset. I ended up setting him up in my research lab and he had keys to come and go as he pleased to the Classroom Medical Building of the IPFW campus.

Most of us mere mortals looked forward to going home after working eight to ten hours. This was not the case with Fen-Lei Chang! Within weeks, he could be found doing his neurologic research. In short order, he established a Brain Bank in collaboration with researchers at the IUSM-Indianapolis campus. This Bank received donations of human brains, both from deceased normal patients and deceased patients with dementias.

I asked him if he ever became tired from his daily schedule. With a grin, he explained that many physicians pursued golf on their times off as their form of relaxation and a recreation in which to seek excellence and mastery. He further stated that research was his “golf”...relaxing, yet stimulating. He could get lost for several additional hours in his lab work of discovery and emerge ready to face a new day.

As you all know, he became the third local Dean and Director of IUSM-FW in a new larger building with space to accommodate much larger class sizes for freshmen and sophomore medical students, as well as junior and senior medical students. He became

the first Lutheran Foundation Named

Professor of Cardiovascular Research and he re-tooled his research focus to bench research in stroke in rodent models. He built a thriving research program which received significant NIH funding. The discoveries coming from IUSM-FW were featured at national and international meetings and led to peer-reviewed publications in various professional journals.

Fen-Lei Chang, MD, PhD, was an outstanding human being. He was witty, charming, driven, successful, and kind. He will be missed by his family, faculty, students, clinical colleagues and those of us who treasured him as a friend.



In memory of Fen-Lei Chang

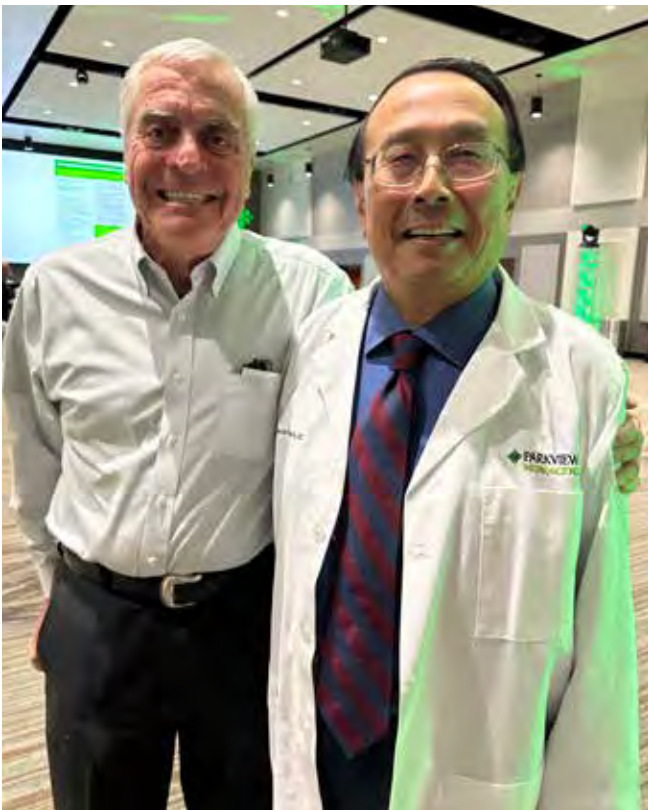
Sharon Singleton, MD, VP/CMO, Neighborhood Health
President, Fort Wayne Medical Society Foundation

Dr. Fen-Lei Chang and I were good friends for many years, especially through our years together on the Fort Wayne Medical Society and Foundation Boards. We shared many hours discussing the state of medicine in Fort Wayne, always trying to figure out how best to support the physicians in our community. He also cared deeply about supporting our young physicians in training, from medical school through residency. Fen always advocated for opportunities to enhance the educational experiences for all of those students, knowing that someday they will be the ones caring for all of us. Over the years he has helped so many people; students, patients, and colleagues alike. Fen's dedication and friendship were very special, and he will be greatly missed.



"A Great Oak has Fallen"

Michael Mirro, MD



The gentle scientific and clinical genius has passed. Dr Chang was a great inspiration to all he touched in professional and personal life. A humble and brilliant human, his passion for teaching, scientific discovery/exploration as well as clinical expertise has inspired generations of medical students as well as all of his colleagues.

His advocacy and energy for excellence in the organized medicine arena as well as longstanding leadership will be missed.

As a friend and fellow collaborator on many projects the vacuum will be difficult to fill. A man of impeccable integrity and grace he certainly used all the gifts that God bestowed on him to improve the world of medicine.

He accomplished so much in his life that he is an inspiration to all of us in the field of medicine and science.

Certainly, a life well lived.

RIP our dear friend.



Remembering Fen-Lei Chang, MD, PhD

Dr. Chang was one of the first people to warmly welcome me when I arrived in Fort Wayne in late 2020. It was immediately clear to me how passionate he was about education and was one of the first to truly embrace the addition of residency programs at Parkview. He was the first subspecialist to reach out

to ask what I needed to make sure the Parkview Internal Medicine residents would have a successful rotation in his specialty - neurology. He always had a full plate, but whenever I reached out to ask for assistance, he never hesitated to offer me support or connect me with the right people. In many ways he was a role model for me in learning how to navigate Fort Wayne and understanding the connections necessary to build a successful residency. I will miss him.

Scott Yen, MD
Program Director
Internal Medicine, Parkview Health

Dr Chang was the Associate Dean and Director of IU School of Medicine Fort Wayne Campus during my 4 years at IUSM from 2011-2015. He was such a driving force in my desire to stay in Fort Wayne to practice medicine. He taught me that medicine in Fort Wayne was growing, filled with cooperation and compassion, and impactful to our community members.

Though he didn't teach us many actual classes during my time at IUSM, he was ALWAYS on campus. His constant joy was infectious to all he was around. I never left a conversation with Dr Chang without laughing. He also had this wonderful outlook on the future of medicine, one with hope, one with a beautiful future, and one that was inspirational. As I transitioned to a practicing physician in Fort Wayne, I saw him regularly at IUSM and FWMS events. His true joy in his heart and his unjaded vision of medicine persisted. He will be greatly missed but his legacy will most certainly last for generations.

Kristen Frane, MD

I have had only a few interactions with Dr. Chang. The first was many years ago around the time I retired from the Navy. My uncle who lives in the area was trying to help facilitate our family moving to the area. He had graduated from IPFW and arranged a telephone call with Dr. Chang who was gracious enough to talk with me about opportunities here in Fort Wayne. He was kind and patient. We didn't end up coming here at that time, but last year after we finally did move here, I met with him in his office. He exuded warmth, friendliness, and was very supportive of the work we were doing to begin our residency.

He certainly left his mark of kindness and scholarship. He will be missed.

Ken Yew MD, MPH
Program Director
Parkview Health Family Medicine Residency

Dr. Chang's passing is not just the loss of a remarkable physician and educator, but it also is the loss of a tireless mentor, a fierce advocate, and a cherished friend, to so many of us in the Fort Wayne medical community.

He was the beating heart behind countless medical students' journeys and dreams, especially those who walked the halls of the Fort Wayne campus. He fought for them, guided them, believed in them, and many times long before they believed in themselves.

His wisdom was generous, his door was always open, and his commitment to education was unwavering.

On a personal note, I owe Dr. Chang more than words can capture. His mentorship helped shape my path, his support lifted me in pivotal moments and his energy and smile were always comforting for all of us.

Today, we honor his memory, his values, and his extraordinary contributions to Fort Wayne. The legacy he leaves behind is not only in academic milestones or titles, but in the countless lives he touched, the careers he helped build, and the community he loved so deeply.

We have lost a mentor, and a friend, but it is true that Fort Wayne is forever better because Dr. Fen-Lei Chang called it home.

Edgardo D. Rivera Rivera, MD
Fort Wayne Medical Society Treasurer

I have had the privilege of working for Dr Chang for over 30 years now. Assisting with patients when he joined Ft Wayne Neurology, I saw first-hand how compassionate and thorough he was, making every patient feel seen and heard. He was also very kind to the staff, knowing it was a team effort and appreciative of everyone's role. The same held true when I joined him at IU School of Medicine Ft Wayne. He had such faith in me when I didn't have enough in myself, encouraging me to start a new career later in life. His passion for education was contagious and I found my passion was the same as well. We shared many memories and friends at both places, and he not only helped me to become a better employee but a better person as well. I will miss his kindness, encouragement, and optimism; and will continue to advocate for our students as he would have.

Sharon Roberts
Clinical Education Manager
Indiana University School of Medicine - Fort Wayne

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Dr. Chang will be forever remembered by his friends, colleagues and patients; his legacy is the many memories that will eternally abide in our hearts. His support of students transcended medical information--he also engendered those qualities of compassion and moral worth that cause a student to grow into the role of a physician.

Bill Pond, MD
ISMA President



After knowing Dr. Chang for nearly 20 years and being on multiple committees with him, I can say that he always displayed a demeanor and decorum, regardless of the circumstances, that will always be unparalleled. He was always happy and prepared to meet the challenges of each day. His contributions and dedication to the Fort Wayne medical community should be an inspiration to all of us. He will certainly be missed.

David Donaldson, MD
Fort Wayne Medical Society
Chairman of the Board

.....

I am grateful for this opportunity to share my deepest respect for Dr. Fen-Lei Chang and share my fondest memories of him. During my years at the Fort Wayne Medical Society I was blessed to meet and work with many fine, dedicated Medical Professionals. Dr. Chang was the kindest man I ever met.

He was at one time President of the FWMS and also Chairman of the FWMS Board of Directors as long as I can remember. His dedication to his profession as a Neurologist and Educator was outstanding. His passion for giving of himself to better the life of others was like none other.

As I look back, I realize what a great positive impact Dr. Chang made on my life. I watched and listened to him intently at the Board Meetings where he always spoke softly but profoundly. He spoke with encouragement and support. He was truly a man of great knowledge and insight.

In the seriousness of his words he would sometimes interject some lightheartedness which always brought a smile and a bit of gentle laughter to his fellow Board Members.

When he came into the FWMS for meetings he always took the time to stop by my office and chat for a minute and asked how I was doing. He was always so respectful and genuine

Dr. Chang had a kind and gentle heart full of compassion. He radiated an aura of peace and serenity and a sense of calm. He gave me strength at times when I needed support.

There are no words to express the goodness of this great man, physician and friend, Dr. Fen-Lei Chang. We are all blessed to have shared even a few minutes with him or years with him. We will always honor him and his legacy. Memories are the greatest gifts we hold dear in our heart.

Alice DiNovo
Fort Wayne Medical Society Executive Director
(Retired)

.....

Remembering Dr. Chang | Gina Bailey



Dr. Chang had a wonderful personality. If you had an opportunity to discuss one of his passions, whether it was his family, research, medical education, or patient care, you could see the sparkle in his eye and hear the excitement bubble up from within. He was a kind man with

an incredible sense of humor and wit. All who had the privilege to know him could see how special he was. Those who had the opportunity to work with him were inspired by his humility, drive, dedication, compassion, empathy, respect, healing, leadership and motivation.

Dr. Chang was an incredible physician who combined excellent clinical skills with compassion and respect for his patients. It was obvious to all that he truly cared about his patients. He would often get down on his

knees to be at the patient's level and would hold their hands to ease their fears. He always treated them with kindness.

Dr. Chang tirelessly promoted the Indiana University School of Medicine – Fort Wayne (IUSM-FW) urging students choosing careers in medicine to attend the Fort Wayne campus for everything the school and the Fort Wayne community offers. During his tenure at IUSM-FW, Dr. Chang oversaw the school's expansion to a full four-year program, the establishment of new clinical courses including electives, the school-wide curriculum restructuring, addition of clinical faculty and many other notable accomplishments. He was always striving to enhance the experiences of students. For example, he nurtured students in research, hoping that they, like him, would want to incorporate research in their medical careers. He mentored and provided shadowing





experiences to undergraduate students in his research lab and provided clinical research opportunities for medical students. Each summer was the pinnacle of the year for Dr. Chang, as all three areas of his career coincided - research, patient care and medical education. While most physicians mentor one student on one summer research project, Dr. Chang often took two or three on at time.


Indiana University School of Medicine – Fort Wayne (IUSM-FW) faculty and staff often shared that they did not think Dr. Chang ever slept. He was driven to make a difference in the field of neuroscience through clinical and basic science research. He was rejuvenated by the moments he spent with his research and would often

work on his research projects until the wee hours of the morning after putting in a full day as a neurologist or in his leadership role at IUSM-FW. Yet, he never seemed tired or complained about needing a vacation or more sleep.

While Dr. Chang was a private person, he would share details about his personal life if someone asked. He was so proud of his family having great admiration for his sister, Sage, and her husband, Chung, and their children, as well as his son Brandon, all of whom are physicians.

Dr. Chang always put other's needs before his own and made everyone feel that their thoughts were valued. He had big aspirations for our medical community and our IUSM campus. We will continue to strive to fulfill his mission to expand the research and education at IUSM-FW and assist every student in finding success.

We will miss Dr. Chang's humor, his comment "just kidding" after his jokes, and his easy-going collaborative yet driven leadership style. But most of all we will miss the caring, friendly, loyal, inspirational and humble friend, colleague, and physician we all respected and admired.




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Remembering my dear friend | James C Stevens MD, FAAN, FAASM



It is with a heavy heart that I share my thoughts honoring a remarkable man and dear friend, Dr. Fen-Lei Chang. He was an accomplished physician, researcher, educator, mentor and leader whose dedication to his profession and his community touched countless lives. Beyond his

many professional achievements, he will be remembered for the quiet strength, generosity and kindness he carried into every interaction.

Fen was my partner in neurologic practice for 20 years and my close friend for nearly three decades. We made it a point to meet monthly over breakfast to discuss our challenges and our vision for improving neurologic education and clinical care in our region. One of our favorite stories to tell occurred during a luncheon while attending a meeting in San Francisco in 2001. Our discussions covered a broad array of topics, one which dealt with our personal “secret” aspirations for future leadership roles. His wish was to become Dean of the IUSM in Fort Wayne, mine was to become President of the American Academy of Neurology. Several years later, both became a reality. We often acknowledged the importance of our friendship and how it empowered us both to achieve our dreams.

When Fen became ill with AML in December, 2023, our routine face-to-face meetings became less regular and transitioned to phone calls while he was undergoing treatments for his illness. In spite of the effects of chemotherapy and bone marrow transplantation, he maintained his optimistic attitude and would continue to speak of his plans for the future.

I will always remember my friend as a caring, private, gentle soul with a warm sense of teasing humor that could brighten even the most challenging day. He had an extraordinary ability to truly see and understand people—reading not only their words, but their hearts. Though modest in demeanor, he possessed a deep and determined ambition that drove him to excel, not for recognition, but to make a difference and lift those who came into his sphere of influence. He was a tireless worker in meeting his responsibilities as Associate Dean of the IUSM, head of the Neurosciences program at Parkview, running his research lab, keeping his foot in clinical neurology by establishing a Falls Clinic and a Post-Covid Clinic, while maintaining involvement in the politics of medicine through the FWMS and ISMA.

Those who knew him were privileged to witness the grace with which he lived, the compassion he offered, and the laughter he shared. His legacy will continue in

the lives he touched, the knowledge he imparted and the example he set. I am richer for having known him and will carry his memory as a friend and colleague with love and gratitude.





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Art as a Living Memorial: Celebrating Dr. Chang's Legacy Through Giving

Shirley Wang



My name is Shirley Wang, and I am a research scientist and a lecturer at Indiana University School of Medicine. I worked with Dr. Chang for the past 8 years in his research lab and in the classroom. I have seen him as a gentleman of many callings, yet each was rooted in the

same essence: compassion, wisdom, and a devotion to others. As a physician, he carried not only medical skill but also a profound gentleness, offering comfort where there was suffering and dignity where there was struggle. His patients felt not just treated, but truly cared for. As a mentor, he gave freely his time and wisdom, guiding students with patience, encouragement, and quiet strength. He shaped both minds and character, teaching by example that true success is measured not in titles, but in the lives uplifted along the way. As a professor, he opened doors of learning and possibility. His interactions with students were more than lessons; they were invitations

to think deeply, to question, and to discover. Many who passed through his classrooms carried forward the spark he lit within them. As a scientist, he pursued truth with discipline and integrity, contributing to the advancement of knowledge. His work was not for recognition, but for the betterment of the world—a legacy of inquiry that will continue to inspire.

Yet perhaps the most striking glimpse of his character came in the quiet moments of philanthropy. One of those acts will forever remain in my family's heart. Two years ago, my daughter Sophia created a series of animal drawings for her AP Art and Design portfolio. Later on, she did an art showcase honoring "Endangered Species Day" at the Fort Wayne Children's Zoo. She planned to raise money to donate to Hope's Harbor, a local non-profit providing food and housing to families with children in the hospital. On May 16, 2023, the 21Alive News reported "Art for Hope: How one local teen is turning passion into purpose". Dr. Chang saw the news

and approached me on that day. He purchased her artwork "Azure Flock" to help her with the fundraising, saying that he would love to display it in his office. Meanwhile, Dr. Chang wrote a note to Mr. Trevor Campell, who was Sophia's teacher and the Director of Fine Arts at Canterbury School, saying, "Trevor, I would like to congratulate you and your students for doing such a great job in our community!"

To most, it was simply the purchase of a drawing. But Dr. Chang



Azure Flock by Sophia Zhang, in memory of Dr. Chang

looked at it differently. He saw not only art, but an opportunity to help. With genuine warmth, he bought her work, and in doing so, transformed a child's creativity into a gift of healing. Dr. Chang saw more than a child's passion for art—he saw hope. He purchased her artwork as an act of love, turning art into healing by directing its proceeds to help those hospitalized. What might have been just a drawing became a beacon of compassion, because he chose to see its greater purpose.

One day I came across Dr. Chang and told him that the artwork that he bought from Sophia had received a Silver Key at the Scholastic Art Competition. Sophia also had some other pieces that won Gold if he wanted another. Dr. Chang joked about it, saying, "No, Gold is for the best and I am not. Silver is just for me because I am the second." I laughed. That was one of the many fun memories that Dr. Chang brought to us. His gentle humor was like sunlight breaking through; witty, warm, and humble.

This is who Dr. Chang was: a mentor who lifted others, a philanthropist who gave not only from his resources but from his heart, and a human being who believed in the power of kindness to ripple outward. To remember him is to remember that goodness has many forms: a guiding word, an open hand, a vision for what could be. His legacy reminds us that even the smallest gesture, when touched by love, can blossom into something far greater than we imagine. He believed in the power of kindness, turning even a child's painting into hope for the suffering. His memory is a gift we will always carry. Through every role—physician, mentor, professor, scientist, philanthropist—he lived with a rare wholeness of spirit. He showed us that knowledge and kindness are not separate paths, but one and the same. He healed, he taught, he discovered, and he gave. His memory is forever a blessing!

Media reports about the art:

21Alive: <https://www.21alivenews.com/2023/05/16/art-hope-how-one-local-teen-is-turning-passion-into-purpose/>

Journal Gazette: https://www.journalgazette.net/local/schools/fort-wayne-childrens-zoo-showcases-canterbury-sophomores-endangered-species-artwork/article_44f33cf6-eddf-11ed-8ec9-2ff0abb38303.html



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► The Orthopedic Hospital Achieves #1 in the State, Specialty Care Honors From Healthgrades

The Orthopedic Hospital announced today that it has achieved numerous accolades for clinical excellence from Healthgrades, the #1 site Americans use when searching for a doctor or hospital. Among The Orthopedic Hospital's distinctions are 11 specialty excellence awards, including:

- America's 50 Best Outpatient Orthopedic Surgery
- America's 100 Best Orthopedic Surgery
- Orthopedic Surgery Excellence Award
- Outpatient Orthopedic Surgery Excellence Award
- Five-Star for Hip Fracture Treatment
- Five-Star for Spinal Fusion Surgery
- Five-Star for Total Hip Replacement
- Five-Star for Total Knee Replacement
- Five-Star for Outpatient Back and Neck Surgery
- Patient Safety Excellence Award

In addition to these national recognitions, The Orthopedic Hospital was ranked #1 in the State of Indiana for Orthopedic Surgery. These achievements place The Orthopedic Hospital in the upper echelon of hospitals for specialty care nationwide and reflect the organization's commitment to delivering exceptional care year after year.

"Our commitment to high-quality specialty care in Orthopedics is unwavering. We're dedicated to being a leader in health care by



continuously investing in the latest technologies and innovative processes. This ensures patients receive the quality of care they deserve and solidifies our promise to the community," said Amy Hochstetler, chief administrative officer of The Orthopedic Hospital.

The Orthopedic Hospital's achievements are based solely on what matters most: patient outcomes. As part of its 2025 hospital assessment, Healthgrades evaluated risk-adjusted mortality and complication rates for over 30 of the most common conditions and procedures at approximately 4,500 hospitals nationwide to determine the top performers in specialty care. By offering easy access to objective performance measures, Healthgrades helps consumers find and select a hospital that excels in providing the care they need.

As variation in performance among hospitals continues to grow, it is increasingly important for consumers to seek care at top-rated programs. Healthgrades' 2025 analysis revealed that if all hospitals as a group performed similarly to five-star hospitals during the 2021-2023 study period, on average, 224,958 lives could potentially have been saved and 141,692 complications could potentially have been avoided.*

"Healthgrades commends The Orthopedic Hospital for their clear commitment to delivering consistently superior patient outcomes in critical service areas, including orthopedics," said Brad Bowman, MD, chief medical officer and head of data science at Healthgrades. "The Orthopedic Hospital's leadership, expertise, and unwavering dedication to clinical excellence set a high mark for specialty care in Indiana and nationwide."

Consumers can visit healthgrades.com to learn more about how Healthgrades measures hospital quality and access a patient-friendly overview of how we rate and why hospital quality matters here.

*Statistics are based on Healthgrades analysis of MedPAR data for years 2021 through 2023 and represent three-year estimates for Medicare patients only.

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► **Lutheran Health Network Adds Online Scheduling to Increase Access to Screening Mammograms**

Lutheran Health Network is making it easier to get a screening mammogram with the addition of online scheduling. According to the American College of Radiology (ACR), having regular mammograms can lower the risk of dying from breast cancer, the second most common cancer among women in the United States.

Lutheran Health Network offers a variety of diagnostic imaging services, including those that can help identify breast issues before they become more serious health problems. The ACR recommends annual screening mammograms starting at age 40 for women of average risk and more intensive screening for high-risk patients.

“Staying up to date on screening mammograms is so important for the health and well-being of women over 40, and we’re trying to make it as easy as possible,” said Dr. Patrick Holly, medical director of Lutheran Health Physicians. “Mammograms can detect cancer before any symptoms, such as a lump, occur. It’s now convenient to schedule the appointment online and the screening takes less than 30 minutes – a half hour that could save your life.”

Women with strong family histories of breast cancer, African Americans and those of Ashkenazi Jewish descent should have a risk assessment at age 25 to see if a screening mammogram is needed before they are 40.

To schedule a mammogram at a LHN location or online, please visit: <https://www.lutheranhealth.net/breast-care>

About Lutheran Health Network

Lutheran Health Network is a family of more than 6,000 employees, physicians, advanced practice providers and volunteers dedicated to providing compassionate, quality care with the best possible experience, to every patient, every time. As a tax-paying, integrated healthcare delivery system and one of the largest employers in the region, Lutheran Health Network makes a positive impact on the communities we serve. Access points across north-east Indiana include acute care hospitals, specialty hospitals, physician offices, urgent care clinics and outpatient centers.

► **Rates of Colorectal Cancer Rising In Younger People**

Colorectal cancer is the second leading cause of death from cancer in the U.S.. Between 2012 and 2021, more colorectal cancer cases were identified in adults under 50 each year, while the rates for adults 50 and older have been decreasing over the same period. The American Cancer Society estimates that about 107,320 new cases of colon cancer and 46,950 new cases of rectal cancer will be found in 2025.

Dr. Andrew Katz, a gastroenterologist with Lutheran Health Physicians, says colorectal cancer screenings are a critical tool to fight the disease because precancerous growths can be detected and removed before they develop into cancer, and early detection of colon cancer can save lives. The American Cancer Society and the US Preventive Services Task Force both recommend that the age to start screening for colorectal cancer is 45 for those at average risk.

For patients at higher risk, their physician may advise having an initial screening before age 45 or more frequent screening. These risk factors include:

- A personal or family history of colorectal cancer, or of certain types of polyps;
- A personal history of ulcerative colitis or Crohn’s disease;
- A history of radiation in the abdomen or pelvis, in treatment of previous cancer(s);
- A genetic and hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome.

In addition to colonoscopy, the most commonly known screening, several types of tests can screen for colorectal cancer. Fecal occult blood test, virtual colonoscopy and at home DNA stool test are also used.

“While we are doing a better job of screening for and removing polyps before they become cancerous, the overall lifestyle and diet choices people make driving up the risk and incidence of these cancers,” says Dr. Katz.

Dr. Katz says that beyond regular screenings, there are several lifestyle factors you can manage to reduce your risk of developing colorectal cancer. These include maintaining a healthy body weight; managing your Type 2 diabetes; minimizing red meats in your diet, such as beef, pork, lamb and liver, and processed meats; avoiding smoking; and limiting your alcohol intake. Just as with heart health, staying active and maintaining a healthy diet that includes plenty of fruits, vegetables and whole grains and limiting red meats and sugary drinks, may lower your risk.

Depending on your age, a colonoscopy screening may be a covered wellness test under your insurance plan – and most plans cover a colonoscopy completely as a follow-up test or diagnostic tool.

If you have a family history of colon cancer or other risk factors, or have reached age 45 or older, talk with your primary care provider to see if it’s time for you to begin screening, which test is right for you and how frequently to be screened. To find a primary care doctor near you, visit <https://www.primarycareappointments.com/lutheran/>

Sources:

American Cancer Society
Centers for Disease Control and Prevention
NIH: National Cancer Institute

"Whether it was with patients, colleagues, students or staff, Dr. Chang was always humble, respectful and kind," said Dr. Mitch Stucky, president, Parkview Physicians Group. "He was a tremendous human being who was unbelievably committed to medicine and taking care of people. No matter how busy he was, he would see anyone a colleague would ask him to see."

"Dr. Chang was a distinguished leader in clinical neurology, research and the advancement of neuroscience programs," said Dr. Shamir Haji, neurocritical care and stroke director, and service line dyad leader, Parkview Neurosciences. "His mentorship, compassion, and visionary guidance left a lasting impact and will be deeply missed."

▶ Jessica Lee-Hansen named chief financial officer for Parkview Health



Jessica Lee-Hansen has been named the new chief financial officer (CFO) for Parkview Health.

Lee-Hansen has spent her career working with healthcare services organizations to navigate the evolving landscape. Over the last 17 years, Lee-Hansen has advised healthcare providers on over

\$100 billion in strategic M&A transactions, equity and debt capital raises.

"Jessica has served as a strategic financial advisor to an impressive and diverse portfolio of clients, including health systems, physician groups, value-based organizations, and other providers," said Rick Henvey, CEO, Parkview Health. "Her experience will be vital to supporting Parkview's continued growth, while also remaining focused on our mission to improve health and inspire well-being."

"I am honored to join the Parkview team at such a pivotal time in healthcare and look forward to collaborating alongside extraordinary co-workers to deliver not only world-class care but also great value to our communities," said Lee-Hansen. "The healthcare landscape is rapidly changing and Parkview's mission has never been more relevant. Now is a critical time to focus on financial health and strategic growth to best plan for the future and I'm excited for this tremendous opportunity."

Lee-Hansen comes to Parkview after more than a decade at Bank of America Securities, where she served as managing director in the global healthcare investment banking group advising healthcare services organizations. Prior to Bank of America, Lee-Hansen worked at Goldman Sachs and Co., advising not-for-profit health systems and higher education organizations on complex transactions and financial strategy.

Lee-Hansen holds a Bachelor of Arts degree in economics and political science from Columbia University, New York.

▶ Parkview Health named to Inspiring Workplaces' Global Top 100 list for second consecutive year



For the second consecutive year, Parkview Health was named to the Inspiring Workplaces Group's 2025 Global Top 100 list, ranking No. 43.

Parkview finished in the Top 50 among the more than 200 eligible companies recognized by Inspiring Workplaces in its seven regional groups. Parkview was considered for the global list after being named the No. 1 nonprofit and No. 31 overall in North America in June.

"We're proud to once again be recognized as one of the world's best workplaces," said Dena Jacquay, chief administrative officer, Parkview Health. "Parkview has focused on building a robust culture where we invest in the wellbeing of our co-workers, empower them to perform and advance in their careers and value their feedback to guide us in our effort to make an even better workplace. As the region's largest employer, we also strive to be the region's best employer."

The Global Top 100 list is drawn from the highest-scoring winners in each of Inspiring Workplaces' regions worldwide, including Asia; Australasia; Europe; Latin America; Middle East and Africa; North America; and the UK and Ireland. Parkview was named No. 31 on this year's North America ranking, was selected as the No. 1 nonprofit and received special recognition for wellbeing and inclusion efforts.

The Inspiring Workplaces Awards ask entrants to provide meaningful stories and evidence of how they invest in their people. Participants complete an entry form within their region, structured around six key elements including culture and purpose; leadership; wellbeing; inclusion and belonging; employee voice; and employee experience.

The award is the latest in a series of accolades Parkview has received in recognition of its excellent workplace environment and culture. Parkview was named No. 7 on Newsweek's Most Loved Companies list in 2024; recognized as a Forbes Best-in-State employer for four consecutive years; and chosen among Becker's Healthcare's 150 Top Places to Work in Healthcare in 2024 and 2025.

"Maintaining a strong workplace culture is a critical component to attracting and retaining the talented caregivers we need to provide high-quality care and an excellent experience," said Dr. Ray Dusman, president, physician and clinical enterprise, Parkview Health. "Parkview's many benefits, opportunities for further education and career development and co-worker support programs are part of the reason why providers choose Parkview."

For a list of available positions at Parkview, visit parkview.com/careers.

► Parkview Regional Medical Center marks 25 years as verified Level II trauma center

Parkview Regional Medical Center (PRMC) is marking its 25th year of being verified as a Level II trauma center by the American College of Surgeons (ACS).

This month, the Adult Trauma Center and Pediatric Trauma Center, both located at PRMC, were reverified by the ACS. Parkview operates one of 21 adult trauma centers and one of only five verified pediatric trauma centers in Indiana.

"When a person suffers a serious injury, whether it's from a car accident, a firearm, fire or chemical burns or any other major trauma, a fast response time and effective care from first responders to emergency physicians is critical," said Dr. Michael Yurkanin, chief physician executive, PRMC & Affiliates. "For 25 years now, Parkview has continually proven its readiness and effectiveness in not only treating trauma injuries, but in educating and supporting regional partners to assist patients before they even arrive at our hospital."

"Parkview Regional Medical Center maintaining trauma center verification demonstrates our continued commitment to our community that we have the physicians, nurses, specialty equipment and resources available to provide the care our patients need when experiencing a traumatic and potentially life-changing injury," said Jessica Murphy, vice president of surgical services, Parkview Health. "The American College of Surgeons' trauma center standards provide us with the framework to measure our effectiveness in providing trauma care and trauma injury prevention education."

Parkview's trauma journey started in 1989 with the creation of the Trauma Services Department with a long-term goal of achieving ACS verification. Over the next 11 years, Parkview built its staff of trauma surgeons and outreach programs in the community.

In May 2000, Parkview Hospital in downtown Fort Wayne (now known as Parkview Hospital Randallia) achieved Level II trauma center status, becoming the first verified center outside of Indianapolis. During the first reverification in 2003, Parkview also gained recognition as a Level II pediatric trauma center, becoming the first in Fort Wayne to achieve that designation.

With the opening of PRMC in 2012, Parkview's trauma centers were moved to the new north Fort Wayne location and now serve more than 30 counties in the region. Since 2000, Parkview has evaluated more than 56,000 patients at its trauma centers.

The trauma center verification program recognizes Level I, II and III facilities. Level II trauma centers are expected to provide initial definitive trauma care for a wide range of injuries and injury severity, while also providing regional education, system leadership and disaster planning, according to the ACS. Level I centers are the highest level, certified to provide acute care for injuries of all types and severities. Level III centers are equipped to treat mild or moderate injuries, usually in smaller communities or rural areas.



Parkview's adult and pediatric trauma centers at Parkview Regional Medical Center (pictured) were recently reverified as a Level II center for the 25th year. Parkview's trauma centers have been located at PRMC since the hospital's opening in 2012."

PRMC is one of five Level II centers in the state, with the others located in Fort Wayne, South Bend and Evansville. Indiana currently has five Level I trauma centers, all of which are located in Indianapolis, while the state's 13 Level III centers are located in smaller Hoosier cities such as Elkhart, Muncie, Lafayette and Bloomington.

Parkview's commitment to trauma care extends far beyond the walls of any hospital and includes numerous community education and outreach programs. Those initiatives include bicycle helmet safety and infant car seat safety programs, a Don't Text and Drive education program, and the Share the Road pedestrian and cyclist safety program. Parkview's Stop the Bleed program teaches emergency trauma care to community members and has certified thousands of individuals and dozens of organizations.

Parkview also operates a safety store at 1818 Carew Street, Suite 140, Fort Wayne, offering \$10 bicycle helmets with free fittings for children and adults; Share the Road items and apparel including bicycle lights, headlamps and reflective vests; \$40 Stop the Bleed kits containing a tourniquet, compression bandages, bleeding control bandages, protective gloves and other items; carbon monoxide detectors; first aid kits; and numerous information brochures.

"Although Parkview is equipped to treat many types of trauma injuries, preventing trauma injuries from happening is an important mission for our community outreach teams," said Lisa Hollister, administrative director, trauma system, Parkview Health. "Doing things such as wearing a helmet, refraining from using a phone while driving, and having working smoke and carbon monoxide detectors in your home can help people avoid suffering a traumatic injury in the first place."

For more information about the ACS trauma center program, visit here. For additional information about Parkview Trauma Centers, visit here: <https://www.parkview.com/medical-services/parkview-trauma-centers>



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